

Specialized Habilitation

A Proposed New Waiver Service
of the
Developmental Disabilities Administration

Background

- Proposed Waiver amendments could be effective summer of 2020. This is dependent on the Centers for Medicare and Medicaid Services approval
- Specialized Habilitation services are proposed to be available through waiver programs for people not receiving residential habilitation services

What is Specialized Habilitation?

Specialized Habilitation is support for people to learn or maintain a range of life skills.

Different providers may have different areas of focus.

Categories included are:

Self Empowerment

Safety Awareness & Self Advocacy

Interpersonal Effectiveness and Effective Social Communication

Coping Strategies For Everyday Life Challenges

Managing Daily Tasks and Acquiring Adaptive Skills

Why the Change?

- Centers for Medicare and Medicaid Services requires that waiver services are not duplicated
- Behavior Health services are available through the WA Medicaid State Plan
- DDA created a new non-duplicated service: Specialized Habilitation
- DDA is committed to providing the services that people need and are not available through other resources

What is the difference?

Waiver Habilitative Support	State Plan Behavioral Health or ABA
Habilitative	Rehabilitative
Prevent Institutionalization	Medically Necessary
No diagnosis required	Mental Health diagnosis required
Example: Sally is 22 and has difficulty adjusting to change. Sally wants support to assist planning her day and accomplishing her goals.	Example: Sally is 22 and has been diagnosed with Generalized Anxiety Disorder. She feels really uncomfortable going out where there are crowds. Sally would like to work with a professional to help her manage anxiety.

Who Can Provide Specialized Habilitation?

- Bachelor's, Master's or Doctoral degree in
 - Psychology
 - Sociology
 - Social Work
 - Education
 - Child Development
 - Gerontology
 - Nursing
 - Other Related Field

- Certified Life Skills Coach

Proposed Rate Structure

	Individual Provider	Agency	Group
Ph.D. Level	\$80	\$95	\$40
Masters Level	\$55	\$70	\$40
BA Level	\$45	\$60	\$40
Life Skills Coach	\$40	\$55	\$35

How do I Contract to Provide Specialized Habilitation services?

Contact your Regional Resource Developers:

Region 1 – Catherine Higgins, 509.329.2958

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Region 2 – Kristina Sherriff, 425.740.6433

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Thank You!!

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